Patient with at-home positive urine pregnancy test reported to provider:

**Checklist for Medication Abortion with Minimal Contact**

### Rule out contraindications via phone or other remote method:
- No allergy to mifepristone or misoprostol
- No inherited porphyria
- No long-term oral steroid use
- No hemorrhagic disorders
- No chronic adrenal failure
- No anticoagulant therapy

### Screen for:

#### Gestational age
- 1st positive pregnancy test less than 6 weeks ago
- Certain LMP ≤56 days prior to visit
- Has regular menses
- No consistent hormonal contraception use for 2 months prior to LMP

#### Ectopic risk
- No previous ectopic pregnancy
- No IUD in place at time of conception
- No vaginal bleeding since LMP
- No unilateral pelvic pain

### If all checked, proceed with no touch medication abortion

#### Dispense to patient:
- Mifepristone 200mg
- Misoprostol 800mcg x2
  - [Pt takes only 1 dose; provider will advise at follow-up if 2nd dose needed]
- Rx for ibuprofen 400mg #30
- Rx for Vicodin 5/325mg #10
- “Information for patients” handout
- High-sensitivity urine pregnancy test packet, if available

#### Counsel by phone
- Review MAB process, including:
  - Timing for mife and miso (and possibility of using 2nd miso dose)
  - Bleeding, cramping, and passage of tissue
  - Bathroom access and privacy concerns
- Advise patient to call with concerns (and **not** return to clinic)

#### Logistics
- No ultrasound or labs required
- Patient signs mifepristone agreement
- Confirm patient contact info for follow-up
- Ensure patient has way to reach provider during MAB process

#### 1 week remote follow-up
- Did patient take medication as scheduled?
- Did they bleed/cramp as much or heavier than a period?
- Did they pass clots or tissue?
- Do they think the abortion is complete?
- If they felt pregnant before, do they no longer feel pregnant?

**If patient and provider think MAB is complete:**
- Offer contraception
- Offer follow-up call in 4 wks to review urine pregnancy test results

#### 4 week remote follow-up
- Is urine pregnancy test negative?
- Are they continuing to bleed? If so, how much?
- Offer contraception or check if patient is satisfied with current method

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